

Shodan

Cumulative

Ability to Teach

Kihon Waza

Three versions of any previous Kihon Waza

Combinations

1. Shomen Uchi Advanced

Shihonage + Kotegaeshi + Ikajo, Yonkajo, Sankajo + Tai Otoshi

2. One Jokyū combination from any previous rank

Freestyle

Katate Mochi

Tsuki

Shomen Uchi

Yokomen Uchi

Jo

Random Attack

Nidan

Cumulative

Ability to Lead Class

Kihon Waza (one version)

Yama Arashi, Futaridori

Combinations

1. Kaeshi Waza
2. Two Jokyū combinations from any previous rank

Bo Waza

Kihon

Freestyle

Two Attackers