

# Suburi

## Shodan Uchi Waza

Kihon Suburi 1 – 8  
 Ichimonji Giri  
 Shiho Giri

## Nidan Uchi Waza

### *Sandan Sabaki*

Kesa Giri (shuffle, step, 2 steps)  
 Kiriage (shuffle, lead leg, 2 steps)  
 Yoko Giri (shuffle, lead leg, 2 steps)

### *Sayu Giri*

Sayu Kesa Migi  
 Sayu Kesa Hidari  
 Tsubamegaeshi  
 Yokogiri Sayu

## Sandan Uchi Waza

Santen Giri  
 Santen Mayoko  
 Kiriage Santen  
 Yoko Giri Santen  
 Goten Giri  
 Mangetsu

Rokyu	Kihon Suburi 1-8 Ichimonji Giri Shiho Giri	Nikyu	Kiriage Santen Yoko Giri Santen	Nidan	All Below
Gokyu	Sandan Sabaki	Ikkyu	Goten Giri		
Yonkyu	Sayu Giri	Shodan	All Below	Sandan	Mangetsu
Sankyu	Santen Giri Santen Mayoko			Yondan	Freestyle