

## **Weapon Defenses**

### **I. Stick defense**

1. Pry against angles 1 and 3
2. Wrist twist against angle 2 and 4
3. Elbow break against angle 1
4. Pass and wrist twist against angle 3
5. Thumb break against angles 2 and 4

### **II. Knife defenses**

1. Learn how to give up money
2. Pry against angles 1 and 3
3. Wrist twist against angle 2, 4,5,6
4. Elbow break against angle 1
5. Pass and wrist twist against angle 3
6. Thumb break against angles 2, 4,5,6
7. Eye claw and run- against all outside angles
8. At throat, front and rear: Katate Tori, armbar, hammerlock

### **III. Tanju No Maki**

1. Learn how to give up money
2. Gan Hazushi: Defense from gun held to face
3. Mune Hazushi: Defense from gun held to chest
4. Hibara Hazushi A,B,C,D: Defenses from gun held to side
5. Ushiro Men Hazushi: Gun held to back of head
6. Ushiro Do Hazushi: Gun held to back

### **V. Advanced Weapon Defenses**

#### **Knife in Back Hand Defenses**

1. Break Knife Hand
2. Break Shield Arm

#### **Rifle Defenses**

1. Hijiate
2. Sokumen
3. Headbutt and Groin

#### **Advanced Handgun**

1. Two hands on Gun
2. Gun at a Distance
3. Gun pointed at 3<sup>rd</sup> person
4. Gun Draw